

LGBTQIA+ READING LIST

MEMOIRS AND NON FICTION

The Velvet Rage:
Overcoming the Pain of
Growing Up Gay in a
Straight Man's World by
Alan Downs - A deep
dive into the emotional
struggles faced by gay
men due to societal
expectations.

The Gendered Brain by
Gina Rippon - A
scientific exploration of
gender identity.

The Black Unicorn by
Audre Lorde - A
powerful collection of
poetry from the iconic
Black lesbian feminist
poet.

Transgender 101: A
Simple Guide to a
Complex Issue by
Nicholas M. Teich - A
comprehensive guide
to understanding
transgender issues and
experiences.

Becoming Nicole: The
Transformation of an
American Family by Amy Ellis
Nutt - A moving memoir about
gender identity, family, and
resilience.



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SEXUALITY & RELATIONSHIPS

The Family Outing by
Jessie Hempel - a
memoir on family and
sexuality



Come As You Are: The
Surprising New Science
That Will Transform Your
Sex Life by Emily
Nagoski - A
groundbreaking book on
sexual well-being and
identity.

The Ethical Slut: A Practical
Guide to Polyamory, Open
Relationships, and Other
Adventures by Dossie Easton
and Janet Hardy - A guide to
navigating polyamory, open
relationships, and non-
traditional sexualities.

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QUEER THEORY & ACTIVISM

Transgender Rights by Paisley Currah, Shannon Price, and Susan Stryker
- A deep dive into the political and social issues surrounding transgender rights.

The Queer Art of Failure by Jack Halberstam - A philosophical and critical exploration of queer theory.



Queer: A Graphic History by Meg-John Barker and Julia Scheele - A graphic novel that introduces key concepts of queer theory.

Gender Trouble: Feminism and the Subversion of Identity by Judith Butler - A foundational text in queer theory that challenges traditional ideas about gender.

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CHILDRENS BOOKS

Heather Has Two Mommies by Lesléa Newman - A classic children's book that tells the story of Heather, a girl with two mothers.

And Tango Makes Three by Justin Richardson and Peter Parnell - A heartwarming story about two male penguins raising a chick together.

I Am Jazz by Jazz Jennings and Jessica Herthel - A picture book about a transgender girl and her experiences growing up.

The Family Book by Todd Parr - A children's book celebrating diverse families, including LGBTQIA+ families.

